



Take your Natural Health Journey to a deeper level

Enrol now for the Advanced Diploma in Health Sciences (Naturopathy and Nutrition) (Level 7)

Study online with the
Naturopathic College of New Zealand



Call us on 0800 759 0218
Email us at info@ncnz.co.nz
Website ncnz.co.nz

Graduates of the Advanced Diploma in Health Sciences (L7) will have the skills and expertise to apply in-depth scientific knowledge of the human body to assist people with the prevention of lifestyle-based health issues, conditions or diseases.



Our NZQA-approved Diploma is an online programme. You can complete your study anywhere, anytime. You will also need to attend one five-day workshop in year one, and two five-day workshops in year two, all based at our Taranaki campus.



The duration of the course is two years full time or four years part time.



Graduates can pathway to degrees in naturopathy and nutrition, or work as naturopaths, nutritionists, lifestyle coaches, or health and nutrition advisors.



Our experienced tutors are on hand to assist you through this programme.

They will be well-equipped to work as practicing naturopaths or nutritionists, and provide expert naturopathic nutrition advice based on current health science and wellness trends. Alternatively, graduates can continue onto higher level studies including degrees in naturopathy and nutrition.

How is this course delivered?

The Advanced Diploma is offered as a blended programme of study. The majority of learning is delivered online, however students are also expected to attend one five-day workshop in the first year and two five-day workshops in the second year.

Why choose the Naturopathic College of New Zealand

NCNZ has a proud history of delivering education by distance learning since 1979, and is the country's leading provider of online and blended learning in the field of natural therapies.

We have a professional and dedicated educational team ready to assist you on your journey, with many of them working simultaneously in their own practice.

How to enrol

We have set intakes for our NZQA-approved Diploma.

Applications are open now and places are limited.

Call us on 0800 759 0218 or email us at info@ncnz.co.nz to get started.

For more details or to enrol online please head to ncnz.co.nz



Frequently Asked Questions

Course Costs

The total cost for the course is \$8976.

Course Curriculum

- Nutritional Biochemistry
- Pathology and Clinical Science
- Herbal Medicine Materia Medica
- Complementary Therapies 1
- Complementary Therapies 2
- Dietary Plans (Lifestyle)
- Clinical Skills
- Clinical Examinations
- Clinical Diagnostics
- Medicinal Food Science
- Clinical Case Studies
- Advanced Herbal Medicine
- Pharmacology
- Psychology and Counselling Theory
- Establish and Manage a Practice
- Clinical Practicum



What qualification will I receive?

Advanced Diploma in Health Sciences (Naturopathy and Nutrition) (L7) worth 240 credits.

How long will this course take me?

Two years full time or four years part time.

Will I qualify for the government fees free training initiative in 2018?

You may be able to. Check out the eligibility criteria on our website, or call us to discuss. Alternatively, check out feesfree.govt.nz

Are student loans and allowances available?

Yes, this Advanced Diploma programme is approved for loans and allowances if undertaken full time. Any further criteria are student dependent. Please give us a call and talk it through with us.

What are the entry requirements?

You need to have completed the New Zealand Diploma in Health Science (Level 5) OR an equivalent qualification.

Do you accept international applications?

We accept New Zealand citizens, residents or permanent residents as well as residents of Australia residing in New Zealand.

Do I need to purchase any text books?

There will be textbooks which will be specified in your invoice if you choose to enrol in this course.

Where are the Workshops held?

All workshops are held at our Taranaki Campus based in central New Plymouth.

Is my prior learning recognised?

Yes, a Recognition of Prior Learning Form (RPL) must be submitted with your enrolment form, along with supporting documentation, at least four weeks prior to the Semester start date. You can check this out on our website.

What can I do with this qualification?

This qualification is the perfect stepping stone to degrees in nutrition and naturopathy, or a wide range of rewarding careers in natural health.

What potential employment opportunities will I have?

Practise as a naturopath, nutritionist or lifestyle coach, or work as a health and nutrition advisor. Exciting opportunities are available in a variety of health-related businesses such as medical and midwifery practices, schools, aged care establishments, weight management clinics and more.

I haven't studied for a while. Will I be able to cope?

Yes! Before starting the actual course, there is a day to look around the learning management system. Guided activities will help with this process.

I've never done online learning before and I worry it's a bit lonely. Can I talk with other students or tutors?

Yes! There are several ways in which this can be done including forum sessions and speaking with a tutor on the phone or skype. All tutors are available on email. You will also get to interact face-to-face with your tutors and classmates during the three five-day workshops.